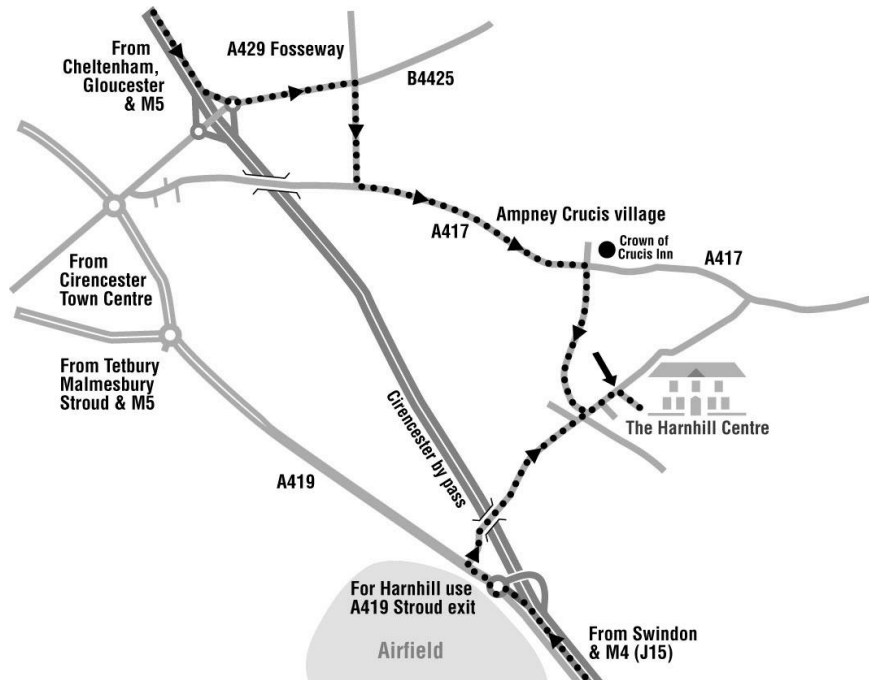


## BOOKING INFORMATION

- All bookings will be acknowledged together with a replacement leaflet to enable further bookings to be made.
- In the event of cancellation, the booking fee will be refunded provided at least 14 days' notice of the cancellation is given.
- In the event of non-attendance at a course, where prior notice of cancellation has not been received, no refund of the booking fee can be made.

## ALL WORKSHOPS HELD AT THE HARNHILL CENTRE



### The Harnhill Centre of Christian Healing

Harnhill, Cirencester, Glos GL7 5PX

01285 850283

office@harnhillcentre.org.uk

[www.harnhillcentre.org.uk](http://www.harnhillcentre.org.uk)

Charity no. 292173

### The Willows Counselling Service

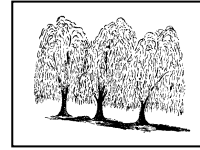
The Willows Centre, 11 Prospect Place, Old Town, Swindon, Wilts SN1 3LQ

01793 426650

willows@willowscounselling.org.uk

[www.willowscounselling.org.uk](http://www.willowscounselling.org.uk)

Charity no. 1037677



# **The Willows Counselling Service**

## **Training Days**

*in*

## **Pastoral Care and Counselling**

This Programme of Training Days is organised by the Willows Counselling Service for the professional training of those involved in counselling and caring professions, and will also be beneficial for those involved in Church pastoral care. Speakers are chosen for their professional expertise and may or may not come from a Christian faith perspective. Workshops are £25 per person unless otherwise stated, and will include buffet lunch and refreshments. They run from 10am to 4.30pm and are held at the Harnhill Centre. The day will start with a short time of Christian worship.

**November 2009 - July 2010**

**CHRISTIAN CARING IN THE COMMUNITY**

# BOOKING FORM

Please use BLOCK CAPITALS

Rev/Dr/Mr/Mrs/Miss

Name.....

Address.....

Postcode.....

Telephone.....

- 7/11/09 Music in therapy
- 13/2/10 Working with transference
- 13/3/10 Therapeutic presence
- 08/5/10 Character strategies
- 12/6/10 Motivating clients to change
- 10/7/09 Touch – the body in recovery

I would like to book the following workshops. I enclose £..... (cheques payable to the Harnhill Centre) or please charge to my card account

Card Number

Card Number

Expiry Date

Issue No.

Security No.

Signed

Card Holder's name

**PLEASE RETURN TO**  
**The Harnhill Centre, Cirencester, Glos**  
**GL7 5PX**

Saturday 7<sup>th</sup> November 2009 – “The place of music in therapy” Bob Heath

Bob Heath is a State Registered music therapist and has been based at Sir Michael Sobell House in Oxford for the last four years. Prior to qualifying as a music therapist at Bristol University he worked as a community musician specialising in intensive interactive techniques with profoundly disabled children. He still continues to work in this area, mainly as a teacher in special education helping schools develop a culture of creative communication.

He currently runs training courses in the use of creative songwriting in palliative and bereavement care and is a visiting lecturer at the University of West of England. His work is based on a strong belief in the power of co-created care and he tries to use his therapeutic and musical experiences to reinforce this philosophy with the wider caring community. Bob is just completing his MA, researching the use of collaborative approaches in creative therapy.

Saturday 13<sup>th</sup> February 2010 – “Understanding and working with transference” Maria Grime

Maria Grime did her initial training and counselling with Connections (now On Trak) in Swindon about 20 years ago. She set up and ran the student counselling service for Cranfield University at the college in Shrivenham for 9 years. Whilst at Shrivenham Maria achieved a post graduate diploma in Integrative Counselling and a MSc in Counselling from the University of Bristol. Over the past 7 years Maria has managed two youth counselling organisations, one in Reading and now for Oxfordshire. She did her supervision training with Willows and worked with several Supervisees.

Maria has delivered a range of issue-based training over the past 20 years to counsellors, academic staff, youth workers and young people.

Saturday 13<sup>th</sup> March 2010 – “Understanding and deepening therapeutic presence - a person-centred perspective” Kate Steele

‘I find that when I am closest to my inner intuitive self...then, simply my *presence* is releasing and helpful to the other...it seems that my inner spirit has reached out and touched the inner spirit of the other’. (Carl Rogers 1980). In this workshop we shall look at how Rogers’ concept of presence has been developed over the years and explore how we might develop our capacity to work at such relational depth with our clients.

Kate Steele is an experienced person-centred counsellor, supervisor and trainer with a background in clinical psychology. She is currently Head of the Training Department at Network Counselling & Training in Bristol and also has a small private practice as a counsellor, supervisor and freelance trainer. She has a special interest in the integration of faith with person-centred philosophy and practice.

Saturday 8<sup>th</sup> May 2010 – “Working with character strategies” Mike Fisher

Character Strategies are clusters of learned responses that we develop from birth to enable us to have ways to cope with and deal with the demands and challenges of life. The nine major character strategies are organised, habitual patterns of reactions. Recognising, understanding and working with both our own and other peoples character strategies can enable us to overcome the blocks and barriers to effectively having our needs met in a satisfactory way. This workshop will provide an introduction to the nine major character strategies as identified by Ron Kurtz and Pat Ogden.

Mike Fisher is a counsellor, supervisor, trainer and a sensorimotor psychotherapist for trauma. He is Executive Director of the Willows Counselling Service and a Fellow of the Association of Christian Counsellors. Mike works with people who are survivors of sexual and ritual abuse. He is chairman of TAG (the Trauma and Abuse Group)

Saturday 12<sup>th</sup> June – “Motivating clients to change” Susan Tollington

“Why do people change? What is motivation? Motivational Interviewing was developed for the addiction field, it is a client centred intervention combined with a directive approach aimed at eliciting change in clients. It views counsellor style as an important factor in client motivation and treatment outcomes.”

Susan Tollington has worked at an Addictions Rehabilitation Centre for 12 years in various roles, and she is currently Head of Therapy. She began her training as a counsellor with Relate in 1992 and worked in that capacity for 12 years. In addiction work, she finds both Motivational Interviewing and working from a CBT perspective particularly helpful.

Saturday 10<sup>th</sup> July - “Touch and the role of the body in recovery” John Silverstone

John Silverstone is an osteopath with over twenty years practice experience. He has particular interest in paediatric osteopathy and contributes to the training events. John and his wife, Hazel, have five children and met whilst training at the British School of Osteopathy, especially through the Christian Union.

Osteopathy uses palpation skills as part of a conventional medical model of diagnosis and treatment. However, many who employ palpation find that patient’s tissues are capable of conveying a range of information beyond that which is conventionally sought, relating to the personality or long standing, “memories”, of physical and metabolic injuries.

**£70**  
**for any 3 courses,**  
**when booked together**