



National Conference 2014

Working With Complex Trauma,
Issues of Attachment, Trauma
and Dissociation

Suzette Boon
Janina Fisher
Ruth Cureton
Mike Lloyd

4 - 6 April 2014

The Hayes Conference Centre Swanwick
Alfreton Derbyshire DE55 1AU UK

Conference Keynote Presentations

(1) Assessment of complex dissociative disorders

(2) Treating patients who report previous or current organised abuse

(1) Chronic Dissociative Disorders (especially DID, DDNOS and depersonalization disorder) can be perceived as complex posttraumatic disorders.

Suzette will give an overview of symptom clusters of complex dissociative disorders and discuss some of the challenges during the assessment process.

(2) In this presentation Suzette will discuss questions like: Do we need a different type of treatment in addition to, or instead of, standard psychotherapy of dissociative disorders? What are the major challenges in the therapeutic relationship? What is the prognosis of individuals who report this type of abuse? What are major pitfalls in these therapies?

Presented by Suzette Boon

(1) Working with internal conflicts in dissociative clients

(2) Internal attachment relationships: learning to love our 'selves'

(1) When trauma survivors are triggered, the sense of threat activates competing survival strategies: child parts seek connection, ashamed parts isolate, terrified parts re-create the sense of danger, and then suicidal and addicted parts take action. Before addressing the unsafe past, we must help survivors resolve unsafe internal conflicts now.

(2) When we label parts of ourselves as 'bad' or 'unlovable', we recreate our family attachment dynamics inside. There is no safety, no unconditional acceptance. To overcome this failure of internal attachment, therapy must focus on cultivating bonds between parts. The adult we are now must welcome the parts who survived 'then'.

Presented by Janina Fisher

Aspects of recovery

Ruth will explore aspects of the journey of recovery as both a health professional and survivor with DID. NHS resources for specialist assessment of complex dissociative disorders remain scarce and there are many obstacles for survivors to overcome in order to receive appropriate and effective therapeutic support for these demonstrably treatable disorders.

Presented by Ruth Cureton

Connecting the dots: Dissociation in the NHS

For the past three years Mike has been working to provide a clearly defined service for dissociation within the NHS. This has included providing cost benefit analysis for the provision of therapy and raising awareness of dissociation at a Trust level. The presentation will outline the journey to date, and lessons learned.

Presented by Mike Lloyd

Keynote Speakers



Suzette Boon

Suzette A. Boon PhD, is a clinical psychologist, and psychotherapist. She specialized in the diagnosis and treatment of complex dissociative disorders. Suzette translated and validated the Dutch version of the Structured Clinical Interview for DSM-IV Dissociative Disorders (SCID-D) in the early nineties and has published books and articles on diagnosis and treatment of dissociative disorders. Most recently she published “Coping with Trauma- Related Dissociation, a Skills Training for Patients and Therapists” (Boon, Steele & Van der Hart, 2011). Suzette is currently working as consultant and psychotherapist at the Top Referent Trauma Center (TRTC) Brinkveld, Altrecht in Zeist, The Netherlands and in her own practice.

Suzette is co-founder of the European Society for Trauma and Dissociation (ESTD) and was the first president of this Society. The International Society for the Study of Dissociation (ISSD) have granted her many awards for her contributions in research and education in the field of dissociative disorders.

Janina Fisher

Janina Fisher, Ph.D. is an Instructor at the Trauma Center, a clinic and research center founded by Bessel van der Kolk. Known for her expertise in treating trauma and dissociation from a somatic perspective, she is Assistant Director of the Sensorimotor Psychotherapy Institute, past president of the New England Society for the Treatment of Trauma and Dissociation, an EMDR International Association Consultant, and former Instructor at the Harvard Medical School. She has authored a number of articles on trauma treatment and lectures nationally and internationally on the integration of the neurobiological research and body-oriented psychotherapy into traditional therapeutic modalities. Janina is currently writing a book ‘Healing the Fragmented Selves of Trauma Survivors’. (The subject of one of her conference workshops with us).

Ruth Cureton

Ruth Cureton is married with three grown up children. Following 20 years as an NHS GP and pastoral counsellor she is now Development Manager for Willows Counselling Service, Swindon, Trustee of the Trauma and Abuse Group (TAG) and First Person Plural (FPP), and a member of the European Society for Trauma and Dissociation (ESTD).

Mike Lloyd

Mike Lloyd is a Chartered Clinical Psychologist for the Cheshire and Wirral Partnership NHS Foundation Trust, within an adult community mental health team, responsible for assessment and treatment of a range of mental health conditions, including complex trauma disorders. In 2011 he was elected to the Board of The European Society for Trauma and Dissociation (ESTD), and works alongside Tag and First Person Plural to improve awareness of dissociation. He holds membership of The British Psychological Society, and is Chartered with The Health Professions Council.

Conference Information

Venue

The Hayes Conference Centre
Swanwick Alfreton
Derbyshire DE55 1AU UK

Date

Friday 4 - Sunday 6 April 2014

Times

Registration Friday at 16.00
Evening meal Friday at 18.45

Conference concludes Sunday 16.00

Further details will be sent/emailed to you during March 2014. Please ensure our email address is on your approved list - tag@kebili.freemove.co.uk

Rooms

All rooms are en-suite

Fees:

Include meals, accommodation and handouts

£380 for non TAG member
£360 for TAG member

Full payment now or a non refundable deposit of £50 per person

Full payment is due by 15 February 2014

Cheque made payable to 'tag'

TAG Conference

PO Box 79

Dartmouth

TQ6 6AR

Call for workshops, papers and poster displays

If you would like to run a workshop, present a paper or would like a table for a display for your organisation or work, please contact the conference organisers by **1 December 2013** on 07527198729, who will send you a criteria form for your information and completion.

Booking Form

This booking is non-transferable

Surname _____

First Name _____

Address _____

Postcode _____

Tele number _____

Email _____

Occupation _____

Dietary requirements _____

Special accommodation request _____

If you need to be invoiced for your delegate place, please attach the name of the person to be invoiced, the organisation and full address. Please include purchase order number if applicable.

Cancellation prior to 1 March 2014

All except the deposit element will be refunded.

Cancellation after 1 March 2014

Half of the fee minus the deposit element will be refunded.

Signed _____

Date _____

Please return completed form with cheque made payable to 'tag' to
TAG Conference, P O Box 79
Dartmouth, TQ6 6AR



Why is this conference so important

- More and more survivors of early life trauma, childhood sexual abuse and ritual abuse are turning to agencies, voluntary organisations, churches and counsellors for help
- Many survivors encounter misunderstanding, denial, disbelief and misdiagnosis because carers, counsellors and professionals do not understand their needs
- Working with survivors can be demanding and isolating if there is not an adequate network of support
- Developments and progress in the field of attachment, trauma and dissociation are taking place at a very rapid pace
- New understanding of the body, brain and neurotransmission system heralds new opportunities for survivor's recovery

Who is this conference for

Counsellors, doctors, CPNs, social workers, ministers, pastoral workers, health visitors, psychologists, psychiatrists, OTs, nurses, psychotherapists, support workers, survivor supporters, and anyone committed to the recovery and support of survivors

What you will get out of the conference

- Up-to-date information on theories related to attachment, trauma and dissociation
- Contributions from leading clinicians in the field
- Workshops, presentation of papers and discussions
- Networking with others in the field
- Access to a resource exhibition
- Conference resource pack
- An opportunity to discuss how theories can relate to practice
- An opportunity to socialise and have fun

For further information on TAG please visit the TAG website at www.tag-uk.net

The booking form and further information can be found inside.

THE PROGRAMME - will include:

Friday 4 April 2014

Evening

Keynote speaker
Time for networking

Saturday 5 April 2014

Morning

Keynote speakers

Afternoon

Keynote speaker
Workshops and paper presentations

Evening

Time for networking

Sunday 6 April 2014

Morning

Keynote speaker
Workshops and paper presentations

Afternoon

Keynote speaker
Closure of conference

The organisers reserve the right to alter or cancel any part of the programme should unforeseen circumstances arise.