



# PODS

Partners of Dissociative Survivors

## OPEN MEETING Saturday 3 July 2010 2.00 pm — 6.00 pm

Are you the partner of someone who is a dissociative survivor of physical or sexual childhood abuse? This would include people with a dissociative disorder including (but not limited to) Dissociative Identity Disorder.

### Would you like to get together with other partners?

PODS exists to share information and support one another, by:

- learning more about dissociation, its causes and its effective treatment
- learning how best to care for our partners
- learning how best to care for ourselves and avoid burn-out
- sharing information about UK and internet-based support
- promoting awareness and understanding of dissociative distress

The Open Meeting on 3 July 2010 will be led by Rob, a trained counsellor whose partner has Dissociative Identity Disorder.

There will be one or more short talks and lots of opportunity to share your story, talk to others and find out more. Both male and female partners are welcome. Drinks and biscuits will be provided.

The venue will be in Huntingdon, Cambridgeshire — for more details and to book a free place at the Open Meeting, please contact us.



### CONTACT US

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